



*Jesus Christ, our  
Saviour and Redeemer*

# Holy Protection Orthodox Church

Greetings on this blessed Lord's Day! Please take a green information sheet if this is your first time here. You can put in any collection basket or hand to greeter

**IN EMERGENCY CALL/TEXT 813-406-2620 (Fr.'s cell). If in middle of night and no answer, call 813-659-0123 or 813-451-9829 (Pani's cell). If they are off duty please call Parish Council President below**

## Schedule

Tone 2

### **Sunday, March 24** **Forefeast of** **Annunciation**

10:00 am Divine Liturgy  
11:15 am Lenten  
Fellowship  
Counters: Scottie,  
John S  
Altar: Vladislav &  
Vasily  
Reader: Brian  
5:00 pm Vespers St.  
Nicholas Pinellas Park

### **Monday, March 25** 10 am Annunciation \*see note on Lenten Schedule

**Wednesday, March 27**  
6:00-6:50pm Basic  
Orthodoxy  
7:00pm PreSanctified  
Liturgy

### **Sunday, March 31** **Sunday of the Holy** **Cross**

10:00 am Divine Liturgy  
11:15 am Lenten  
Fellowship  
Counters: Scottie,  
Brian  
Altar: Jefferson  
Reader: SD John  
5:00 pm Vespers St.  
John's Tampa

## ANNOUNCEMENTS

Today we sing Master Bless instead of Father Bless.

We would like to start sharing Lenten recipes. If you have a favorite recipe you make during Great Lent, bring a copy to the hall to share.

Pick up your updated Pre-Lent/Lenten service calendar, they are in the Narthex.

Great Lent is about doing extra in charity, stewardship, prayer and fasting. We have a list of items that need done during Lent and Holy week in the Narthex. Take a look at the list and see what you can do to help out!

Reminder...Father's days off are Monday and Saturday.

We are looking for people interested in helping out with youth Christian Education. If we get several people, we can have a rotating schedule. See a parish council member or Pani if you are interested in helping.

It's time for the UOL essay contest again! Information packets are in the Narthex.

Please let anyone that you know may be interested in Orthodoxy that there will be classes during Great Lent on Wednesdays. We left spring break week off the schedule intentionally. Denis may still do the class but is important to know if participants will show up first before it is scheduled. Also may be good for a brush up for those who want to know more about their faith.

The Maintenance Ministry has updated the projects list. God Bless all who have helped us complete some of the necessary tasks. There is still much to accomplish both in ongoing and one time projects. This includes the Lenten preparation for Pascha. Please check the new lists posted in the Social Hall and see how you can help! If you have questions or have items you feel need to be addressed please see any Council member or Mike B.

If you are coming to confession, please be in line by 9:50 am on a normal Sunday. On a Sunday there is a Memorial scheduled, please be in line by 9:35 am. Please line up down the center isle of the church

Sign up for fellowship! It can be as simple as bagels or donuts. Please see the board in the hall, or a council member if you have any questions. Please refer to the Fellowship guidelines when it is your Sunday to do fellowship.

Parish council contacts: Scottie (President): 813-629-6027, Brian (Vice President): (813) 763-5226, Rebecca (Treasurer): (813) 763-5225, Paula (813) 838-4554 (Secretary) Tom Moore Financial Secretary

### **The 2019 Pan-Orthodox Vespers Schedule for Great Lent**

All Vespers services on this schedule begin at 5pm

Sunday March 24 @ St. Nicholas in Pinellas Park (AOA) 6447 76th Ave N, Pinellas Park, FL 33781

Sunday March 31 @ St. John in Tampa (GOA) 2418 W Swann Ave, Tampa, FL 33609

Sunday April 7 @ St. George in Clearwater (SOC) 15250 58th St N, Clearwater, FL 33760

Sunday April 14 @ St. Philip in Tampa (OCA) 9100 El Portal Dr, Tampa, FL 33604

**Prayer Corner:** Please pray for the ailing: Mary, Kathy, Susan, Helen, Neila, Olexander, Anna, John, Carol, Mat. Mary, SD. John, Randee, John, Ryan, Marie, Paul, Mary, Pangratios, Tikon, Vasili, Jeremiah, Dcn. Luke, Maria, John David, Elisabeth, Joshua, Alexander, Nicholas, Rebecca, Genevieve, Panteleimon, Vladimir, Margaret, David, Sarah, Jonathon, Simon, Judy, Fr. Michael, Anastasia, Demitrios, Alexandra, Israel, George, Michelle, Joseph, Jaqueline, Michael, Geverylyn, Thomas, Norma, Sally, Sarah, Derek, Susan, Lucy, Beth, Kathy, Phyllis, John, David, Shirley, Kalie, Madeline, Thomas, Patricia, Archimandrite David, Jake, Tom, Beverly, Taylor, Sylvia, Andreas, Josh, Nicole, Joyce, Sandy, Georgina, Kathy, Pam, Ann, Eli, Shay, Ocean, Lauren, Donna, Kim, Lori, Nancy, George, Sharon, Sylvia, Kristi, Gary, Tori, Joan, Thomas, Susan, Alexei, Mary

### **Communion Verses for Annunciation**

In the sixth month, the Archangel was sent to the pure Virgin; and with his greeting "Rejoice," he announced the good news that the Deliverer was to come forth from her. Therefore, having received the salutation with faith, she conceived You, the pre-eternal God Who was well-pleased ineffably to become human for the salvation of our souls.

In the sixth month the Archangel Gabriel was sent from heaven to the city of Nazareth in Galilee, to bring glad tidings of joy to the Maiden. And coming before her, he cried out saying: "Rejoice, O full of grace, the Lord is with you! Rejoice, vessel containing the Uncontainable Nature; for Him Whom the heavens cannot contain, your womb now contains, O blessed One. Rejoice, O Lady, the restoration of Adam and the deliverance of Eve, the joy of the world and the great exultation of the human race!"

The Angel Gabriel was sent from heaven by God to an undefiled Virgin in the city of Nazareth in Galilee, to bring her glad tidings of the wondrous manner of her conceiving. The bodiless servant was sent to the living city and the spiritual gate, to proclaim the condescension of the Master's coming. The heavenly warrior was sent to the living palace of glory, to prepare in advance an everlasting abode for the Creator. And coming before her, he cried:

"Rejoice, O fiery throne, surpassing in glory the likeness of the four living creatures! Rejoice, O seat of the heavenly King! Rejoice, unhewn mountain and most precious vessel; for in you all the fullness of the Godhead has come to dwell bodily, by the good pleasure of the everlasting Father and the cooperation of the Holy Spirit. Rejoice, O full of grace, the Lord is with you!"

Behold, our restoration has now been revealed to us: in a manner beyond understanding, God is united to humankind; at the voice of the Archangel, delusion is destroyed, for the Virgin receives joy; things of the earth have become heaven; and the world is freed from the ancient curse.

Let creation rejoice exceedingly and sing with voices of praise: "O Lord, our Maker and Deliverer, glory to You!"

### *Tone 2 Troparion (Resurrection)*

When You descended to death, O Life Immortal,  
You destroyed hell with the splendor of Your Godhead.  
And when from the depths You raised the dead,  
all the powers of heaven cried out://  
"O Giver of life, Christ our God, glory to You!"

### *Tone 4 Troparion (Forefeast of Annunciation)*

Today is the prelude of joy for the universe.  
Let us anticipate the feast and celebrate with exultation:  
"Gabriel is on his way to announce the glad tidings to the Virgin;  
he is ready to cry out in fear and wonder://  
'Rejoice, O Full of Grace, the Lord is with you!'"

Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages Amen.

### *Tone 4 (Forefeast of the Annunciation)*

Tomorrow marks the beginning of our salvation,  
the revelation of the eternal mystery!  
The Son of God becomes the Son of the Virgin  
as Gabriel announces the coming of Grace.  
Together with him let us cry to the Theotokos:  
"Rejoice, O Full of Grace, //  
the Lord is with you!"