



*Jesus Christ, our
Saviour and Redeemer*

Holy Protection Orthodox Church

Greetings on this blessed Lord's Day! Please take a green information sheet if this is your first time here. You can put in any collection basket or hand to greeter

IN EMERGENCY CALL/TEXT 813-406-2620 (Fr.'s cell). If in middle of night and no answer, call 813-659-0123 or 813-451-9829 (Pani's cell). If they are off duty please call Parish Council President below

Schedule

**Sunday, March 31
Sunday of the Holy
Cross**

10:00 am Divine Liturgy
11:15 am Lenten
Fellowship
Counters: Scottie,
Brian
Altar: Jefferson
Reader: SD John
5:00 pm Vespers St.
John's Tampa

**Wednesday, April 3
6:00-6:50pm Basic
Orthodoxy**

7:00 pm PreSanctified
Liturgy

Friday, April 5

11:15am PreSanctified
Liturgy

Sunday, April 7

**Sunday of St. John the
Ladder**

10:00 am Divine Liturgy
11:15 am Lenten
Fellowship
Counters:
Paula, Andrew
Altar: Vasily and
Vladislav
Reader: Andrew
5:00 pm Vespers St.
George, Clearwater

Tuesday, April 9

7:30 pm Council
Meeting

Wednesday, April 10

6:00-6:50pm Basic
Orthodoxy
7:00 pm PreSanctified

ANNOUNCEMENTS

Tone 3

We would like to start sharing Lenten recipes. If you have a favorite recipe you make during Great Lent, bring a copy to the hall to share.

Pick up your updated Pre-Lent/Lent service calendar, they are in the Narthex.

Great Lent is about doing extra in charity, stewardship, prayer and fasting. We have a list of items that need done during Lent and Holy week in the Narthex. Take a look at the list and see what you can do to help out!

Reminder...Father's days off are Monday and Saturday.

We are looking for people interested in helping out with youth Christian Education. If we get several people, we can have a rotating schedule. See a parish council member or Pani if you are interested in helping.

It's time for the UOL essay contest again! Information packets are in the Narthex.

Please let anyone that you know may be interested in Orthodoxy that there will be classes during Great Lent on Wednesdays. We left spring break week off the schedule intentionally. Denis may still do the class but is important to know if participants will show up first before it is scheduled. Also may be good for a brush up for those who want to know more about their faith.

The Maintenance Ministry has updated the projects list. God Bless all who have helped us complete some of the necessary tasks. There is still much to accomplish both in ongoing and one time projects. This includes the Lenten preparation for Pascha. Please check the new lists posted in the Social Hall and see how you can help! If you have questions or have items you feel need to be addressed please see any Council member or Mike B.

If you are coming to confession, please be in line by 9:50 am on a normal Sunday. On a Sunday there is a Memorial scheduled, please be in line by 9:35 am. Please line up down the center isle of the church

Sign up for fellowship! It can be as simple as bagels or donuts. Please see the board in the hall, or a council member if you have any questions. Please refer to the Fellowship guidelines when it is your Sunday to do fellowship.

Parish council contacts: Scottie (President): 813-629-6027, Brian (Vice President): (813) 763-5226, Rebecca (Treasurer): (813) 763-5225, Paula (813) 838-4554 (Secretary) Tom Moore Financial Secretary

The 2019 Pan-Orthodox Vespers Schedule for Great Lent

All Vespers services on this schedule begin at 5pm

Sunday March 31 @ St. John in Tampa (GOA) 2418 W Swann Ave, Tampa, FL 33609

Sunday April 7 @ St. George in Clearwater (SOC) 15250 58th St N, Clearwater, FL 33760

Sunday April 14 @ St. Philip in Tampa (OCA) 9100 El Portal Dr, Tampa, FL 33604

Prayer Corner: Please pray for the ailing: Mary, Kathy, Susan, Helen, Neila, Olexander, Anna, John, Carol, Mat. Mary, SD. John, Randee, John, Ryan, Marie, Paul, Mary, Pangratios, Tikon, Vasili, Jeremiah, Dcn. Luke, Maria, John David, Elisabeth, Joshua, Alexander, Nicholas, Rebecca, Genevieve, Panteleimon, Vladimir, Margaret, David, Sarah, Jonathon, Simon, Judy, Fr. Michael, Anastasia, Demitrios, Alexandra, Israel, George, Michelle, Joseph, Jaqueline, Michael, Geverylyn, Thomas, Norma, Sally, Sarah, Derek, Susan, Lucy, Beth, Kathy, Phyllis, John, David, Shirley, Kalie, Madeline, Thomas, Patricia, Archimandrite David, Jake, Tom, Beverly, Taylor, Sylvia, Andreas, Josh, Nicole, Joyce, Sandy, Georgina, Kathy, Pam, Ann, Eli, Shay, Ocean, Lauren, Donna, Kim, Lori, Nancy, George, Sharon, Sylvia, Kristi, Gary, Tori, Joan, Thomas, Susan, Alexei, Mary

The Third Sunday of Lent is that of the Veneration of the Cross. The cross stands in the midst of the church in the middle of the lenten season not merely to remind men of Christ's redemption and to keep before them the goal of their efforts, but also to be venerated as that reality by which man must live to be saved. "He who does not take up his cross and follow me is not worthy of me" (Mt. 10:38). For in the Cross of Christ Crucified lies both "the power of God and the wisdom of God" for those being saved (1 Cor. 1:24).



Healer of the Kiev Caves
Commemorated on March 31

Saint Hypatius the Healer of the Caves, attained glory through his severe fasting and prayerful vigilance. By night he stood at prayer, slept very little, and ate only bread and water.

Saint Hypatius devoted himself entirely to the service of the sick, and received from God the gift of healing. Those sick with various illnesses often hastened to his prayerful intercession.

The memory of Saint Hypatius is celebrated also on August 28, on the Synaxis of the Saints of the Far Caves.

