



*Jesus Christ, our  
Saviour and Redeemer*

# Holy Protection Orthodox Church

Greetings on this blessed Lord's Day! Please take a green information sheet if this is your first time here. You can put in any collection basket or hand to greeter

**IN EMERGENCY CALL/TEXT 813-406-2620 (Fr.'s cell). If in middle of night and no answer, call 813-659-0123 or 813-451-9829 (Pani's cell). If they are off duty please call Parish Council President below**

## Schedule

Tone 6

### Sunday, January 19

10 am Divine Liturgy

11:15am Fellowship

Reader: Andy

Counters: Tom, Mike B

### Sunday, January 26

10 am Divine Liturgy

11:15am Fellowship

Reader: Brian

Counters: Tom, Nancy C

### Wed, January 29

7pm Vespers for Three  
Hierarchs

### Sunday, February 2 Meeting of Christ in the Temple

10 am Divine Liturgy

11:15am Fellowship

Reader: Joseph

Counters: Pani, Greg

### Sunday, February 9 Leavetaking Meeting

10 am Divine Liturgy

11:15am Fellowship

Reader: Brian

Counters: Pani, Peggy

### Sunday, February 16

10 am Divine Liturgy

11:15am Fellowship

Reader: Andy

Counters: Pani, Katy

## ANNOUNCEMENTS

### Christ is Born! Glorify Him! Christ is Baptized! In the Jordan!

Today, at 2:00 pm there will be Pro-Life prayers led by Father Joseph at the Tampa Courthouse.

Sunday, February 2, is "Souper Bowl Sunday!" Anyone who would like to bring soup for fellowship, please do so! We will be collecting money in church to support the less fortunate. Also, this is the feast of The Meeting of Christ in the Temple!

February 2 will be our first icon class with Fr. Fred.

Pick up the January calendar Father made and printed. Please note, his days off are now Friday and Saturday. When he is teaching at the consistory on Monday and Tuesday, he will be available by phone, text and email.

When having your house blessed, please have out a bowl and a candle. Also, if you would like to have any items blessed you can have them near the bowl and candle. Additionally, if you would like anyone to be prayed for have the list available.

Beginning in February, the first Sunday of every month Fr. Fred will be teaching a class on icons.

Please let the children and their families get their food first for fellowship so Christian Education for them can begin faster.

If you have someone who needs to be added to the prayer list, please see Cynthia Brown. You can contact Cynthia during the week at [cynthiaann36@live.com](mailto:cynthiaann36@live.com) or on Facebook Messenger. We will update the list monthly.

**Prayer Corner Living:** Please pray for the ailing: Kathy, William, Mat. Mary, Randee, Olga, Darla, Steve, Ricky, Linda, Travis, Nicole, Alex, Cory, Steve, Stella

**Reposed:** Virginia, Harry, Millie, Harry, Richard, Albert, Mary, John, Doris, Mary, Subdeacon John, Vera, Beverly, James, Dessie, Ernest, Elbert, Bill, Viva, Ina, Cynthia

We are looking for a volunteer to clean out the candle boxes before they go home on Sundays. If interested, please see Scottie.

Pani does the bulletin, if you need something put in the bulletin you must let her know through text 813-451-9829 or email [panicarrie@yahoo.com](mailto:panicarrie@yahoo.com) by Friday evening.

Please review the ministry wall often for updates!

Sign up for fellowship! It can be as simple as bagels or donuts. Please see the board in the hall, or a council member if you have any questions. Please refer to the Fellowship guidelines when it is your Sunday to do fellowship.

Parish council contacts: Scottie (President): 813-629-6027, Brian (Vice President): (813) 763-5226, Rebecca (Treasurer): (813) 763-5225, Paula (813) 838-4554 (Secretary) Tom Moore Financial Secretary, Marijean (571) 275-0810, Alternates: Ilya and Svetlana

If your pew book is in need of repair, please give it to Pani.

Please review the calendar on the side of the bulletin and notice if you are scheduled to be a counter with a parish council member.

If you are coming to confession, please be in line by 9:50 am on a normal Sunday. On a Sunday there is a Memorial scheduled, please be in line by 9:35 am. Please line up down the center isle of the church.

Saint Macarius of Alexandria was a contemporary and friend of Saint Macarius of Egypt (January 19). He was born in the year 295, and until the age of forty he was occupied in trade. Later, he was baptized and withdrew into the desert, where he spent more than sixty years.

After several years of ascetic life he was ordained to the holy priesthood and made head of the monastery the Cells in the desert between Nitria and Skete, where hermits silently lived in asceticism, each separately in his own cell. There were three deserts in northern Egypt: the first was the Cells (the inner desert), so designated because of the many cells carved into the rocks. The second was called Skete (utter desert). The third was the Nitrian desert which reached the western bank of the Nile.

Saint Macarius of Alexandria, like Macarius of Egypt, was a great ascetic and monastic head, and he worked many miracles. Learning about some monk's ascetic feat, he attempted to imitate it. Thus, when he heard that someone ate only one pound of bread a day, he would eat only that much or even less. Wishing to shorten his sleep, he stayed for twenty whole days under the open sky, enduring heat by day and cold by night.

Saint Macarius once received a bunch of newly-picked grapes. He very much wanted to eat them, but he conquered this desire in himself and gave the grapes to another monk who was sick. That monk, wanting to preserve his abstinence, gave the grapes to another, and he gave them to a third and so forth. In the end the bunch of grapes returned to Saint Macarius. The ascetic was astonished at the abstinence of his disciples and gave thanks to God.

Once, a proud thought came to the saint to go to Rome and heal the sick. Struggling with the temptation, the saint filled up a sack of sand, loaded it on himself and walked into the desert until he exhausted his body. The proud thought then left him.

By his ascetic life, fasting, and renunciation of earthly things, Saint Macarius acquired the gifts of wonderworking and of discerning the inner thoughts of people, and he also saw many visions. He once saw how one of the ascetics of the holy monastery, Saint Mark, received the Holy Mysteries from the hands of angels, and how during Communion the careless brethren received burning coals from the demons instead of the Body of Christ.

Saint Macarius was glorified by many miracles of healing the sick and casting out devils. Saint Macarius of Alexandria died in about 394-395 at age of one hundred. He wrote a Discourse on the Origin of the Soul included in the text of the Annotated Psalter.

